



NO SIGN UP FEE / NO CONTRACTS / CANCEL ANYTIME*

REGULAR
MEMBERSHIPS

ASSOCIATE
MEMBERSHIPS

WEEKLY
MEMBERSHIP

DAY
RATE

INDIVIDUAL PERSONAL
TRAINING PACKAGES

24/7 ACCESS CARD
(Replacement Card \$10)



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1 MONTH

\$59

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MONTHLY DRAFT

10-day notice before draft to cancel*

\$49

\$44

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6 MONTHS

\$264
(=\$44 a month)

\$204
(=\$34 a month)

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—

12 MONTHS

\$504
(=\$42 a month)

\$384
(=\$32 a month)

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1 WEEK

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\$25

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1 DAY

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—

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\$10

—

EIGHT 30-MINUTE SESSIONS

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\$240
(=\$30 a session)

TWELVE 30-MINUTE SESSIONS

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\$336
(=\$28 a session)

EIGHT 60-MINUTE SESSIONS

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\$400
(=\$50 a session)

- ALL PAID IN FULL MEMBERSHIPS AND PERSONAL TRAINING PACKAGES ARE NON-REFUNDABLE
- ALL PRICES INCLUDE TAX
- PURCHASE ONLINE AT WWW.BODYWORKSHFR.COM

BECKLEY
9 YELLOW WOOD WAY
304-255-2376

PINEVILLE
454 APPALACHIAN HWY RT 10
304-202-0424