



NO SIGN UP FEE / NO CONTRACTS / CANCEL ANYTIME\*

REGULAR  
MEMBERSHIPS

ASSOCIATE  
MEMBERSHIPS

WEEKLY  
MEMBERSHIP

DAY  
RATE

INDIVIDUAL PERSONAL  
TRAINING PACKAGES

24/7 ACCESS CARD  
(Replacement Card \$10)



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1 MONTH

\$59

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MONTHLY DRAFT

10-day notice before draft to cancel\*

\$49

\$44

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6 MONTHS

\$264  
(=\$44 a month)

\$204  
(=\$34 a month)

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12 MONTHS

\$504  
(=\$42 a month)

\$384  
(=\$32 a month)

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1 WEEK

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\$25

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1 DAY

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\$10

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EIGHT 30-MINUTE SESSIONS

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\$240  
(=\$30 a session)

TWELVE 30-MINUTE SESSIONS

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\$336  
(=\$28 a session)

EIGHT 60-MINUTE SESSIONS

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\$400  
(=\$50 a session)

- ALL PAID IN FULL MEMBERSHIPS AND PERSONAL TRAINING PACKAGES ARE NON-REFUNDABLE
- ALL PRICES INCLUDE TAX
- PURCHASE ONLINE AT [WWW.BODYWORKSHFR.COM](http://WWW.BODYWORKSHFR.COM)

BECKLEY  
9 YELLOW WOOD WAY  
304-255-2376

PINEVILLE  
454 APPALACHIAN HWY RT 10  
304-202-0424